

Rutina de pensamiento

Nombre:

Fecha:

ENFOCARSE



Empty box with a magnifying glass icon, representing focus or attention.



Empty box with an exclamation mark icon, representing a key point or warning.



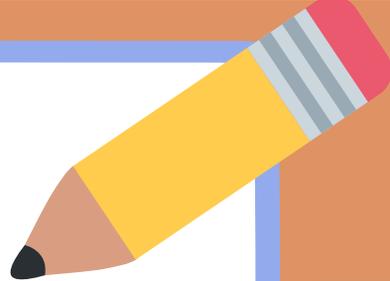
Empty box with a question mark icon, representing a question or uncertainty.



Empty box with a checkmark icon, representing a completed task or confirmation.



Empty box with a lightbulb icon, representing an idea or insight.



Large empty box with a pencil icon, representing a space for writing or drawing.